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RHYS WYNN DAVIES

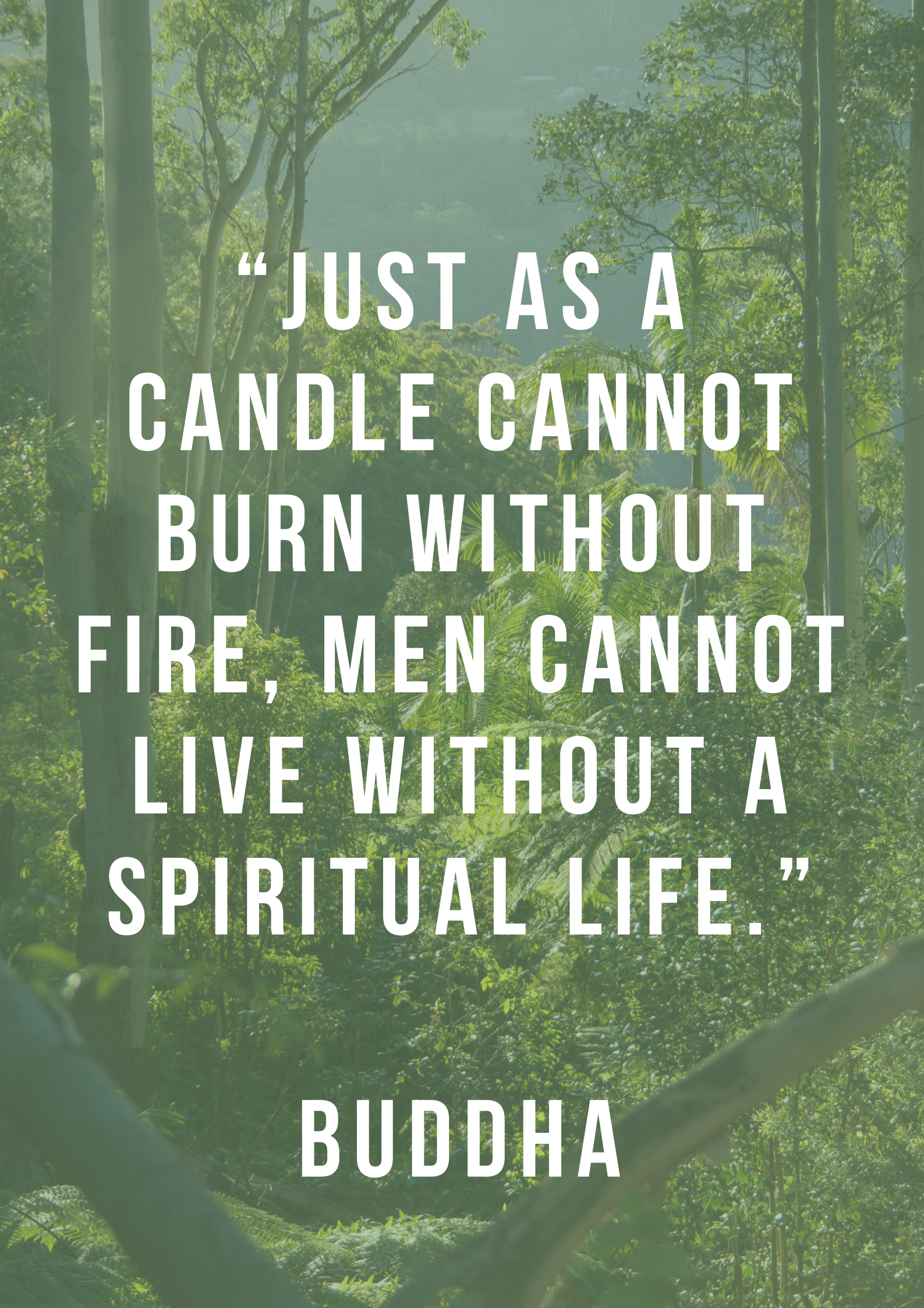
MEDIUMSHIP COACHING PROGRAMME

1 POINT OF VIEW

WHAT DO YOU THINK HAPPENS WHEN WE DIE?

In 1957 a Gallup poll in the USA documented that 84% of Americans believed that they couldn't contact the dead, or weren't sure if they could. By 2005 this percentage had dropped to 78%. So this means only 22% of Americans think it's possible to communicate with the dead. I wouldn't be surprised if the percentages were similar in other western countries. I think it's very unfortunate that this percentage is so low as it would bring so much comfort to the grieving to know that they can contact their loved ones. I believe this is in part because many psychic mediums today have not had the rigorous training and experience that is necessary to provide evidential mediumship. There have been too many scams, too many frauds, and too little evidence. And of course it also has to do with our educational system, our family culture, our country culture and our religious beliefs.

If you are reading this you are probably searching for more understanding about the connection between this world and the next. Even though the question 'where do I go when I die?' is one of the most basic questions of human existence, there are not a lot of people that can answer it with certainty. We don't talk about it in school, we avoid the question when we talk to friends and we sometimes avoid thinking about it altogether. There is so much more to know about our own existence and the infinite universe and we would be foolish to think we know everything. But not thinking about this question at all is not the answer.



**“JUST AS A
CANDLE CANNOT
BURN WITHOUT
FIRE, MEN CANNOT
LIVE WITHOUT A
SPIRITUAL LIFE.”**

BUDDHA

ARE YOU LOOKING FOR PROOF?

I dislike using the term dead people. The dead aren't dead. I believe that as spirits we don't die, ever. We are eternal beings. You are a spirit in the body which never dies, can never be destroyed and lives on forever. So, your loved ones in the spirit world are not dead, they have simply changed form. Why call someone dead when they are not. I often wonder what they must think of us when we think like that about them. "If only mum or dad was here now, I wonder what they would think. If only they weren't dead". Well they are not dead and have only changed form. There is far more to us than meets the eye. In fact each and every one of us has infinite intelligence with unlimited potential, waiting to be tapped into. But where's the proof for all these statements? There are multiple ways in which you can get proof for yourself that there is more between heaven and earth and that our loved ones are not gone.

1. To me the most obvious way to know for sure that your loved ones in spirit are still alive is to visit an evidential psychic medium. Before they give you a message from someone that has passed, they should evidentially prove to you that they indeed have an authentic connection. They should be able to tell you correct things about their personality, their physique, their profession, their hobbies, how they died, and shared memories between the both of you. The information should be specific and relevant. You know that the medium is on the ball when you think "How could he/she possibly know that?!" The best type of evidence is when only you know the information to be correct, or even better, when you have to find out whether it is correct, and then it is.

2. Instead of visiting a medium in person you could also witness a mediumship demonstration in a spiritualist centre, a mediumship event, or recorded shows on YouTube. The medium on stage will give evidence of multiple communications, and if you're lucky you could receive a message as well.

A really good medium can prove not only to the recipient of the message that there is a genuine connection, but the entire audience can be inspired by the communication, and have similar thoughts as during a one on one reading: “How could the medium possibly know these details of this person!?”

3.

Many people have visitations from their loved ones after they pass, and for them this is the ultimate proof that they are still around. They might come to them in thought, in a memory or in a dream. Or in some instances in the form of an actual visitation, where you can see, feel and talk to them in person. A person’s loved one can also come to them in the form of a very kind random stranger that take on their persona and talk to them as if they are their relative or friend.

4.

Through regular meditation you can feel your relatives around you. You can see them, feel them or hear them. It can help to meditate at the same time every evening, to really make it a habit. You may feel touches or shivers when a presence is in the room. This could be all the proof you need.

5.

Other forms of “proof” are the more physical signs. Your relatives may leave you messages that are meaningful to you. They can be very significant if they are specific enough and often they come multiple times. For instance your mother may have said to you “when I die and you see yellow butterflies that will be me keeping an eye on you”. You may then see yellow butterflies in random places just after you think of your mother. The lights could flicker at a significant moment in time or meaningful objects may be in a different place than where you left them. The opportunities for spirits to show themselves to you through objects and physical appearances are endless.

6.

Physical mediumship is another way of getting the absolute proof that you need. You could either attend a physical trance séance or sit in a trance circle. I have done both and the evidence can be so clear and indisputable. During a physical trance show I saw glow in the dark object flying through the room, trumpets going off in the corners of very high ceilings, and hovering water pistols spraying water at the crowd. I also sat in a trance circle every week for years on end and the physical phenomena that happened there are absolutely convincing. We even had materializations happen, where objects that were not in the room before appeared. Six American 1969 one cent coins with Lincoln on them materialized in front of us! One for each of the six people in the room. If you don't have the opportunity to go to a show or sit in a trance circle, there is a famous trance circle in England that recorded many of their physical phenomena and a documentary was made about it called the Scoles Experiment and it's available on YouTube.

7.


Another very clear way of knowing that you don't disappear when you die is when you or someone you know and trusts has a near death experience. I always think of a famous example, where a heart surgeon stuck a pink elephant sticker on the top of the lights in the operating room, so that it was only visible from the ceiling of the room. Countless of his patients told him after their operations that they saw the pink elephant. The only way they could know this is if their consciousness left their body and looked down. Reading the stories of other people's experiences with the afterlife can also confirm things that you already know to be true.

8.

For some people the synchronicity of events and the appearance of things that they prayed for are also proof that there is a higher source orchestrating our life in some way.

9. If you practice mediumship regularly in a safe and supportive environment and you get confirmation from your sitters that what you are receiving is in fact correct, this can be the strongest type of proof that you can get. You will think: “How could I possibly know this of the other person?!”

10. The final “proof” that I want to share with you is visual proof captured in photographs. The other nine points above are things you have to experience for yourself, but this last one is one that I can actually show you, so I’ll devote another paragraph to this.

A scenic view of a mountain valley with a lake reflecting the surrounding peaks and forests. The image has a teal color overlay.

**“OUR DEAD ARE
NEVER DEAD TO
US, UNTIL WE
HAVE FORGOTTEN
THEM”.**

GEORGE ELLIOT

SOME NEED TO SEE IT TO BELIEVE IT

We are surrounded by the spirit world. Don't think that they don't have anything better to do than watch us all day. It's not like that. It's a mind to mind connection; we are connected to them through thought. In the spirit world it is not necessary to use speech as communication is telepathic, so they influence us through a direct mind to mind communication as well. If you think of them they will come close. In the time when I was seeking answers and questions about the spirit world, I needed validation. I still needed to see it for myself with my own eyes to actually believe in mediumship. Even though I was having visions and sensing spirits in my meditations and dreams and I could hear voices and see objects move, I still wasn't 100% sure whether what I was seeing was real or not.

I sometimes wonder what my passed relatives were thinking of me, as it took so much physical phenomena to finally get my attention and convince me. I must have been driving them crazy! There was just a little part of me that was still saying, "Although my sheets were pulled off my bed and my gym ball moved around the house on its own with the windows closed, it could still have been a draft from somewhere." So spirits started to give me even more validation on a more physical level. I have been blessed to experience many physical spiritual encounters since then, but I also believe that once they get your attention and you finally believe in it you can see it more often when others can't.

Sometimes I was blessed to see spirits with the naked eye in full form, sometimes I sensed something was there and took a photograph and the spirit energy was caught on film and others just appeared on film after the fact. I give thanks to all these spirits for presenting themselves to me to help me learn to accept that there is another world that is infinite and incomprehensible.

PHOTOGRAPHIC EVIDENCE

I first caught a spirit on film at my first week at the Arthur Findlay College in England. I saw orbs of light fly through the room, and I took photos of them. When I enlarged the photos and zoomed in, there were streaks of white light in the picture. At first I thought this must just be dust or a flash but when I continued to enlarge it and zoomed in I could see faces of men and women in the streaks of light! I saw them zipping and darting across the room, passing through a bookcase several times, then through the wall and coming back into the room, then passing through a closed window and finally disappearing. I thought straight away "if that's what we can do when we die then I'm not scared of dying at all". That's something pretty cool to do if only we could do that while we are in a body! This was a huge moment for me at the college because not only was I seeing spirit with my visions in meditation, now I was also seeing them physically flying around in the form of light flashes and I could actually catch them in photographs!

I was embarrassed that I had ignored all the signs from the past. From that moment on I knew that everything I am and what I know is not necessarily true and there is so much more to know about the human existence. It made me more humble. This whole new awareness and understanding changed me forever and put everything in a new perspective. I finally believed in the spirit world and there was no turning back. The only thing that waited was a path of self-exploration, plus a major overhaul of things in my life that no longer served me any purpose. To a sceptic this might seem like a midlife crisis, but to me it felt like I was about to take the most amazing journey in life. I finally had the proof I was looking for.

Knowing all this has given me a sense of ease, knowing that we are spirit first and body second. I'm not concerned or worried about death or losing anyone close to me anymore as I know we are never parted. With this insight I can help others deal with the grieving process.

Knowing that we live on after we die, has helped me personally live more in the moment, to trust and to let go of the past, to let go of ego based intentions, to become more detached from the materialistic world. I know that I am exactly meant to be where I am. Most of all it has taught me that all our experiences, good and bad are all part of a higher collective, it's our soul's destiny to grow and learn from experiences. If we don't learn, these experiences will continue to reoccur or present themselves to us in a different way until we understand, until we get it.

PRACTICAL EXAMPLES

I have seen so much spiritual activity in the last couple of years, and I'd love to share a few of them with you. Of course it is the combination of seeing it, plus capturing it on photo that is magical. But nevertheless I believe the photos are powerful in showing you that it is possible to actually do this. If you are on a spiritual journey I highly recommend taking pictures or videos yourself if you see light flashes or feel activity around you. You might be surprised at what you can capture!

I think photos like this give evidence that the spirit world is infinite and that spirit energy can present themselves in many forms. I am humbled and give thanks that I have had these experiences and connections. It is my intention to share these photos with you for educational purposes and if you are at that moment in your life where you're experiencing activity all around you but you still need proof, then I hope that they might convince you to trust what you already know. Perhaps you are at a point right now in your life where you are considering a spiritual path and need validation. Or perhaps you may have experienced something or taken a photo and seen something in it. Or you are well on your spiritual journey and you find these images fascinating like I do.

SPIRIT ORB AT A FUNERAL PROCESSION

The picture below was taken with my Iphone 4 a few years ago at a funeral parade in Seminyak, Bali. I actually didn't know it was a funeral until later; otherwise I probably wouldn't have taken a picture. I believe that the orb in the picture is a spirit hovering over a deceased body on a carriage. There are many ways in which you can capture spirit on film, and seeing a full orb close up is one of the most impressive ways I think.

BALI



SPIRIT ROD AT A LIBRARY

The picture below was also taken with my Iphone 4 in an old private library room in England. I believe there were many spirits in the room that day as I saw them flashing around with the naked eye. The photos confirmed what I saw. The spirits flew past me and then continued down the other end of the room. They were zipping around the room for a few minutes, passing through book cases, walls and eventually leaving through a closed window. What I like about these types of pictures is that if you look closely faces can be seen in the middle of the streak of light, also called a "spirit rod". In video mode on your camera or phone they look like bubbles darting around the room, disappearing fast, then reappearing again. I find that if you turn off the lights after a reading or demonstration and take a photo, you will almost certainly catch them on camera or video as long as you have the automatic flash setting on. The advantage of a photo is that you can zoom in and find faces, and the advantage of filming is that you can see the movement.

ENGLAND



SPIRIT MATERIALIZATION AT A WATERFALL

Warning: This picture may contain an image of a passed indigenous family member.

The picture below was taken with a Cannon EOS 5. I believe it captured an indigenous spirit near a waterfall at Tamborine Mountain, Brisbane, Queensland. The face is distinctive, left of the waterfall. This is another way that spirits can make themselves visible, they use elements in the environment to show themselves.



ROUND SPIRIT ORBS AFTER A DEMONSTRATION EVENING

A fourth type of picture that you can easily capture is one with round circular orbs, like in the picture below. The picture below was taken after a demonstration at the Ravlanda Foreningsgard Community Hall, Gotenberg, Sweden with an Iphone 6. Like with the streaks you can zoom in on your camera and distinguish see faces in the orbs. If you google "spirit orbs" you will find dozens of really good photos, better than this one on the internet.



SWEDEN

SPIRIT ORBS ON THE BODY

The picture below was taken of me in Brisbane on New Year's Eve 2014 with my Iphone 6. The friends that took this photo were astounded by what they saw. There were several photos of me like this and the photos all revealed the same orbs. They took photos of themselves in the same position and there weren't any orb lights on their body. They rubbed my arms and took a new photo and they were still there. We looked to see if there were external lights that may be shining on me at the time and there weren't any lights on me or the group.



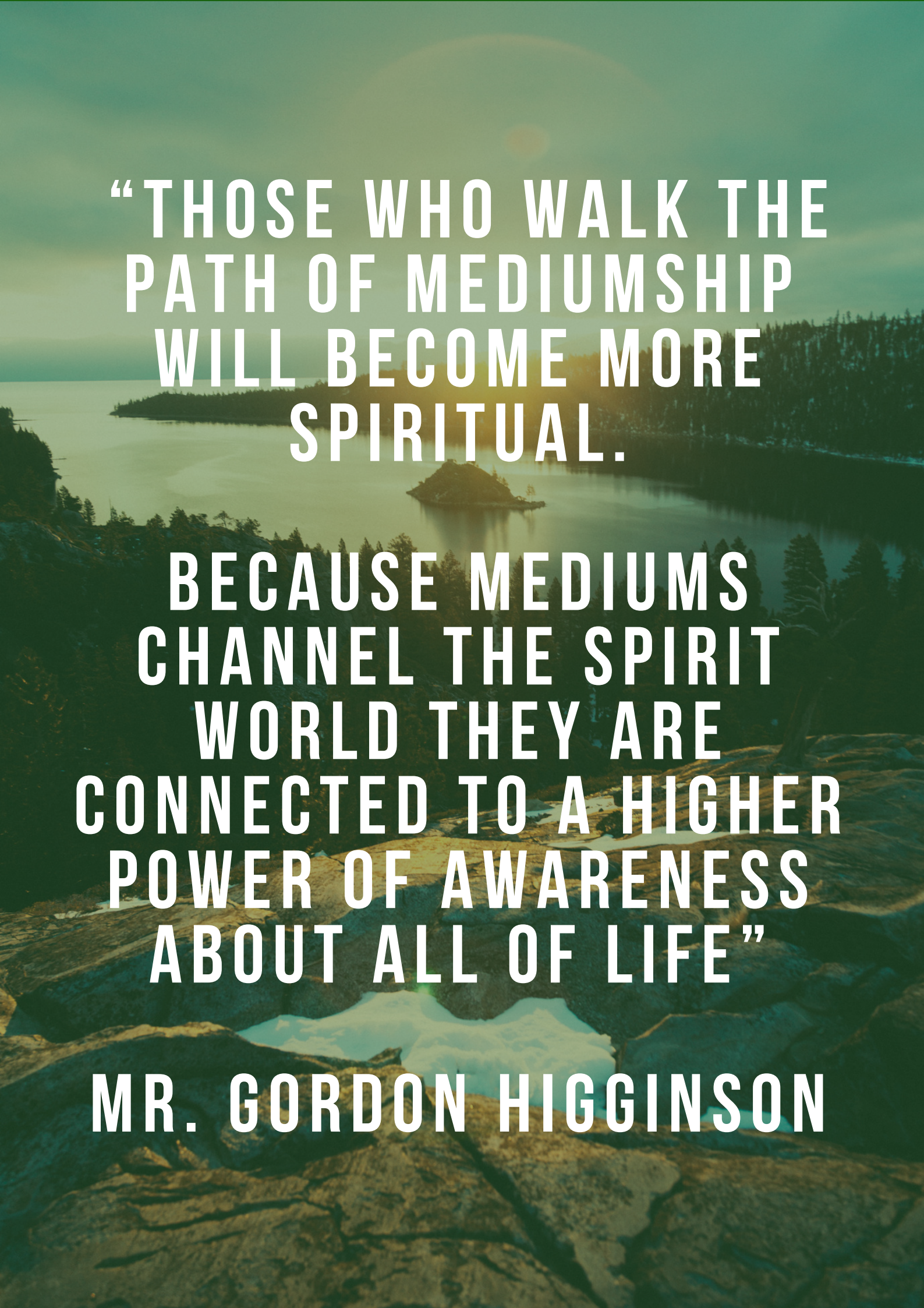
AUSTRALIA

YOUR MEDIUMSHIP WILL IMPROVE IF YOUR BELIEF SYSTEM STRENGTHENS

These photos were the visual proof that I needed for myself to reaffirm that what I was seeing in my dreams, my visions, the voices in my head and what I was experiencing in everyday life was true. I wasn't going crazy. It is human physical form that has changed to spiritual form. Besides these photos I saw many more things that I wasn't able to capture on photo, but which were very real to me also.

For me, seeing makes believing a reality and once you have really seen the power and magic of the spirit world, there is no turning back. Once you believe in the eternity of your soul this will unlock the unlimited potential for you to change or review your own life, understand your past, your relationships, your beliefs, your life purpose, and your present and future direction. From that day, I knew the world and everything in it was not what it seemed. I knew I also couldn't go back to the old me. I had to change my life but more importantly I had to know everything about my new understanding.

The purpose of this chapter was to provide validation that the spirit realm does exist. This is the very first step to becoming a medium. Mediumship is all about trusting what you know, see, hear, smell, taste and feel. This physical proof gave me the motivation to dig deeper and explore the truth about the life we are all meant to lead. I wanted to learn more about spirituality. I didn't just want to become a good Psychic Medium I wanted to live the life of a spiritualist. I wanted to take this to a new level.

A scenic landscape featuring a calm lake in the foreground, a dense forest of evergreen trees on the middle ground, and rugged mountains in the background. The sky is a mix of soft orange and blue, suggesting a sunset or sunrise. The overall tone is peaceful and spiritual.

**“THOSE WHO WALK THE
PATH OF MEDIUMSHIP
WILL BECOME MORE
SPIRITUAL.**

**BECAUSE MEDIUMS
CHANNEL THE SPIRIT
WORLD THEY ARE
CONNECTED TO A HIGHER
POWER OF AWARENESS
ABOUT ALL OF LIFE”**

MR. GORDON HIGGINSON

SPIRITUALISM AS A BELIEF SYSTEM

No one can change the way you think and feel about anything except you. Some people need to go through an experience to believe, some people need to see it to believe it. I'm not just a psychic medium, I am a spiritualist. I believe in Mind, Body and Soul and Spiritualism as a religion. I've had many experiences growing up with faith based religions but it never felt right to me. I had a feeling that there was a higher source, but felt confused and I lacked interest to pursue it when I felt so many people within the walls of churches seemed to be hypocritical. It didn't seem real to me and it seemed very obvious that a lot of people were not being true to themselves. Songs and words seemed spoken and not felt. I believed in something but I knew this wasn't it for me.

I am an environmental scientist and have three different degrees, so I was always seeking answers, the truth to questions, to resolve or fix something, or to prove the order of things. A famous spiritualist by the name of Arthur Findlay once said in his book the Unfolding Universe that Spiritualism will be the religion of the future because it is science based. The progress of the human race has always been based on the advancement of science. The world was flat and science proved it was round. It is science today that is responsible for our technology, machines, how we use the land, our food and the clothes we wear. As the human race continues to advance, it is science that is leading the way. We are always searching to find the truth, so any religion based on science will eventually out last those based on faith.

Spiritualism as a religion and the abilities of someone who is considered a true psychic medium are founded on the philosophy of being able to evidentially prove that a soul's life is eternal. It is the role of the psychic medium to provide evidence that your loved ones are not deceased but live on after they have past.

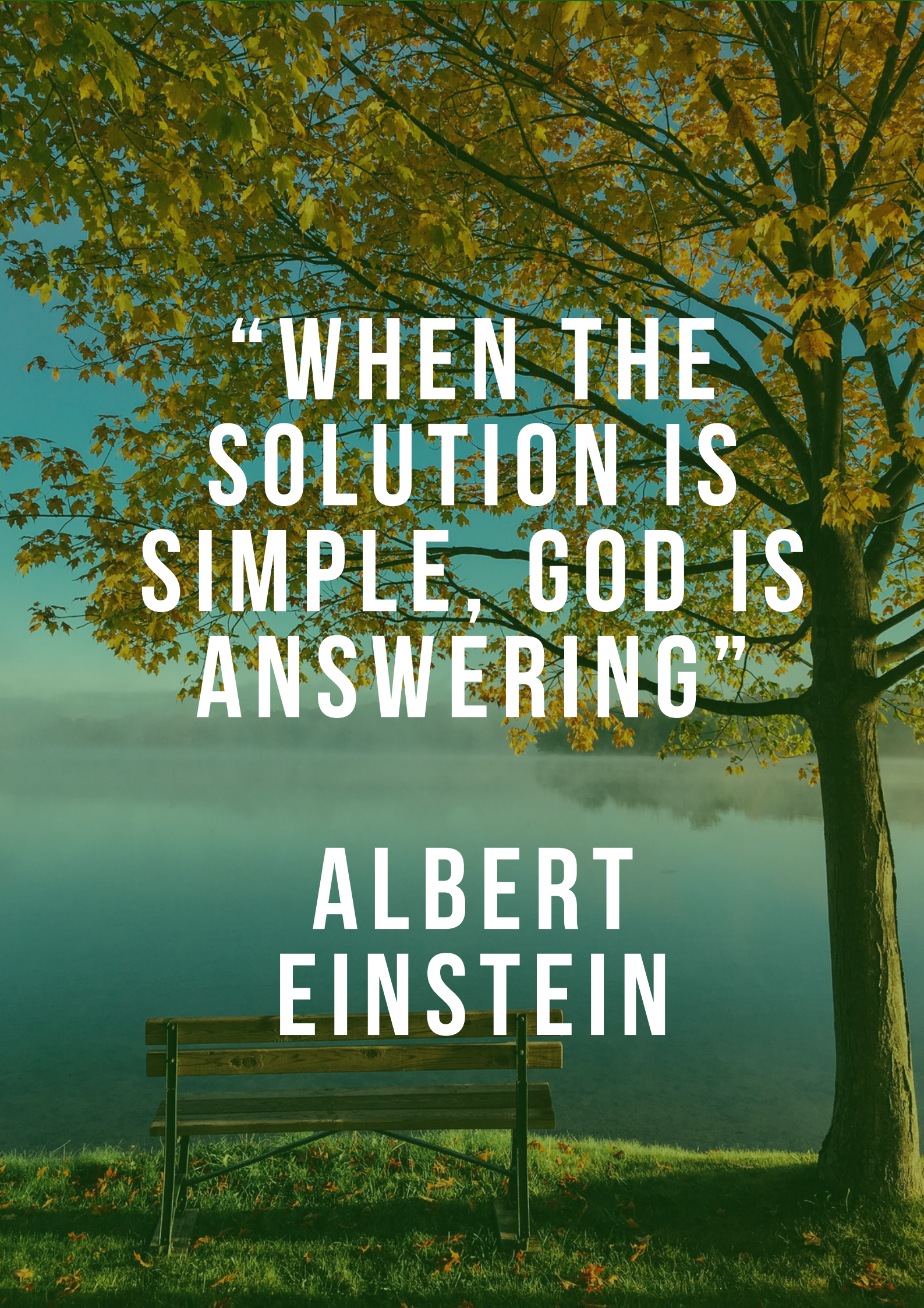
Unfortunately there are a lot of mediums who are not being evidential in their psychic mediumship work today and therefore there is a lot of misrepresentation, confusion and scepticism.

WHAT MAKES SPIRITUALISM DIFFERENT?

When I had this spiritual unfoldment I was so surprised to learn that there were spiritual churches and centres all over the world doing mediumship every single week, for a small donation, for years on end. Where have I been all this time, have I been living in a cave? I literally had a spiritualist church 5 minutes from where I lived for the past 10 years that was over a 100 years old and was founded by Sir Arthur Conan Doyle who wrote the famous novel Sherlock Holmes. I had no idea this man was a well-respected spiritual philosopher and travelled the world promoting Spiritualism

7 KEY PRINCIPLES OF SPIRITUALISM

So what are these spiritual churches about? They are similar to other churches except that they have a mission to evidentially prove that life exists after death. These spiritual churches are places where they sing songs, pray, talk a little about spiritual philosophy and then a medium will do a demonstration and prove that life after death exists. The principles and philosophy have been very important for my spiritual understanding and development. Anyone seeking to be a spiritualist psychic medium can benefit from learning, appreciating and understanding the 7 key principles of Spiritualism. But even more important is to live your life accordingly.

A scenic autumn landscape featuring a large tree with yellowing leaves on the right, a wooden bench in the foreground, and a calm lake in the background under a clear blue sky. The text is overlaid on the image.

**“WHEN THE
SOLUTION IS
SIMPLE, GOD IS
ANSWERING”**

**ALBERT
EINSTEIN**

PRINCIPLE 1- THE FATHERHOOD OF GOD

The first of the 7 principles adopted by the Spiritualist National Union is the acknowledgement of the Fatherhood of God. This first principle is the firm foundation to support the remaining six principles of Spiritualism. This first principle "The Fatherhood of God" means that all living things come from and eventually return to a supreme source. This source is also referred to as a force or energy of all things. All things in its many forms within the universe, including all things of cause and effect, are all part of and from the same source. Most importantly, eventually we all return back to this source that created us. To me this principle has significant meaning in my own spiritual unfoldment. If God is in all things then I am a part of God also and if I am then so is everything and everyone else. It made me understand that as an incarnate soul in a body having an earthly experience, my body may die, but my soul will return to the source. This insight and understanding has helped me to let go of my fear of death. When I was growing up, other religions actually made me become fearful of dying. If I didn't act and be a certain way, I would end up in eternal darkness. If I sinned I would go to hell. If I was greedy or didn't help another human being I would be punished. The Fatherhood of God as a principle really lifted my own personal fear of dying and has allowed me to live more freely. I now have a new appreciation and respect for all living things and all human beings. I became a vegetarian to be kinder in principle to animals, I stopped drinking and ate healthier to respect my body, I do my best not to kill or intentionally harm other living things like insects and plants, I try to be less wasteful to all sources of power and food and most of all I have become more compassionate and understanding to everyone I know and meet because of this first principle.

PRINCIPLE 2 - BROTHERHOOD OF MAN

The second principle, The Brotherhood of Man, states that we all come from the same life universal power and therefore we are all part of one extended family and in totality all mankind is part of a brotherhood. Servicing and understanding the needs of others ultimately leads to a bonded community of brotherhood for comfort and support. Balance is created when we learn to give but we also learn to receive from each other, not only in a material sense, but also spiritually. This principle helped me understand that everyone, no matter colour, creed, or physicality have a soul and are from the God source. I became less judgemental of people from different cultures and realised that everyone has the ability to learn and grow to become better people. I reached out to help anyone in need whenever I could, as I know there is a soul within that body that has come from the creator.

PRINCIPLE 3 - THE COMMUNITY OF SPIRITS AND THE MINISTRY OF ANGELS

The third principle is considered one of the most significant and distinguishing principles of Spiritualism as it considers and demonstrates that communication can and does take place with spirits that have left the body. Although most religions believe in life after death, no other religion can demonstrate it to be real. Spiritualist centres and churches prove that communication is possible between discarnate spirits to friends, family and loved ones. There has also been proof of communication from people in the spirit world who are dedicated to the welfare of others on earth, in the form of angels or guides. This evidence has been documented for example through the spirit communication of Silver Birch who was channelled through the medium Maurice Barbanell.

The words and teachings of Silver Birch bring wisdom to a higher understanding and these teachings are used as inspirational philosophy in spiritual churches around the world today. I am blessed to be able to unite someone with a loved one from the other side with evidential facts, memories and events. On many occasions I have been so overwhelmed by the spirit communication that people have said that I have even looked like their loved one for a short moment, spoken like them, but most of all felt the true love that existed between them.

PRINCIPLE 4 - THE CONTINUOUS EXISTENCE OF THE HUMAN SOUL

This principle suggests that matter and energy cannot be created or destroyed, a fact which science supports today. Therefore we understand what happens when the body meets the end of its vitality. In essence the energy or soul that resides in the body simply changes its manifestation. Spirit is energy and is therefore indestructible. As the physical body dies the spirit continues on in another dimension which is known as the spirit world, the etheric world, the life between lives, or heaven. In this world our body is represented with the same personalities and characteristics, with the same ability to progress and with the same level of personal responsibility. None of these things disappear at the moment of physical death.

PRINCIPLE 5 - PERSONAL RESPONSIBILITY

This is my personal favourite of the 7 principles and I refer to this one often, as a reminder to myself and to my clients.

This principle states that responsibility for wrongful thoughts and deeds belong with the individual. We are personally responsible for what we say, what we do and how we act towards all living things. As we are all entitled to freedom of choice, we are also given the right to understand what is right and what is wrong. If we do stray from what we desire to be, and we do something 'wrong' it is important to right that wrong as soon as possible. We could apologize, forgive, give something back, or talk about it. If we regret something, we can do something to make it right. Something that I often see with my clients is that they blame others for their misfortune. If that's the case then I explain to them that this will not bring them anywhere, and that it's important to see their role in events. I also used to blame others often when things didn't go my way, but all this did was create more negative energy that didn't lead anywhere. A positive outlook and realizing that we are responsible for our own life gets us much further. In the same manner we are also responsible for our own spiritual development, including our meditation practice and mediumship.

PRINCIPLE 6- COMPENSATION AND RETRIBUTION HEREAFTER FOR ALL GOOD AND BAD DEEDS DONE ON EARTH

As we sow, so we shall reap! This principle applies to the law of cause and effect. If you are cruel and vindictive to others you won't be popular and loved in return. Compensation and retribution for our actions on earth do not wait for us until we reach the spirit world. We all know stories of people who are rather negative that go from one negative event to another. Bad things just keep on happening to them. In part this has to do with their outlook on life, but I believe it also has to do with how little they 'give'.

Obviously this applies to actions, words and intent, but it also applies to thoughts. If you criticize people and yourself continuously in your mind, you can be sure to receive this back in some way. Particularly in my mediumship, I take it very seriously and only say what feels right to say. I know that I am a servant to the spirit world and if it is not respectful, then I will only bring upon myself the cause and effect of my words, deeds and thoughts. No one is free from cause and effect as it is a natural law. I now live by these words: I am kind and loving to myself and to all living things.

PRINCIPLE 7 - ETERNAL PROGRESS OPEN TO EVERY SOUL

The rate of progress that we experience is directly related to the desire we have to develop and the effort that we put into mental and spiritual understanding. If we do our best to follow our own inner intuition, we will find that our earthly progress comes easier on earth, as well as in the spirit world. If we do not, then we will be faced with the same challenges over and over again. On earth as in the spirit world we have been given the opportunity of eternal progress. Only on this foundation can truth, love and spiritual understanding have any practical meaning or reality in both worlds. This principle has given me the understanding that if I have good thoughts, speak good words and do good deeds for all living things, then when my soul leaves my body, my soul will progress spiritually.

I really encourage anyone who is seeking a spiritual path to take the time to learn about spiritual philosophy and the pioneers of Spiritualism. I love reading about the great men and woman who have worked as spiritual philosophers, psychic mediums and healers in the past. They had tremendous determination to deal with the persecution and criticism of the established religions. They have beautiful stories to tell and they are worth reading.

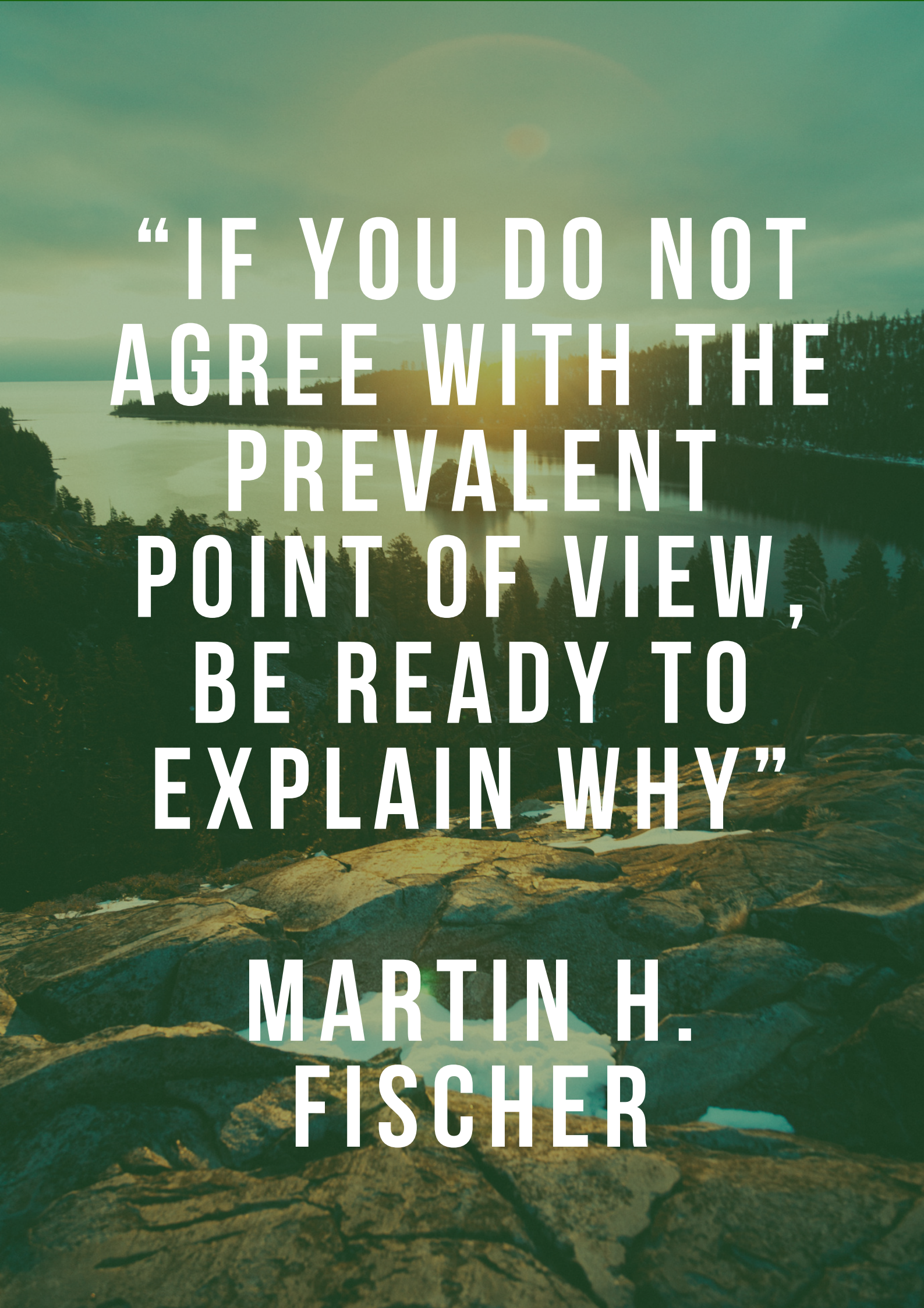
CHANGING YOUR POINT OF VIEW

- Google people who inspire you and read about them. Read about the pioneers of psychic mediumship in the past and who is making change currently.
- Get lessons, training or readings by people who resonate with you and seek knowledge and training and learn from them. Your gut feelings will tell you who you should work with and what feels right for you to learn in your psychic mediumship development.
- Visit and join likeminded spiritual groups or churches. Shop around! It may take time to find a group you resonate with.
- Visit expo's or industry trade shows to see what is current in the industry or modality you are interested in, and follow what inspires you.
- Remember that developing your psychic and mediumship abilities are two totally different disciplines and may require dedicated persistence and effort. In my first few years, I went to multiple circles a week to practice my mediumship.
- Don't let others tell what you should or shouldn't do. A spiritualist path encompasses learning about all things spiritual and healing, where some mediums might just want to do mediumship. That is a choice only you can make.
- Read as many books as you can on the topic to help you strengthen your belief system. I recommend all the Silver Birch books, but the one I like the most is the "Questions and Answers of Silver Birch" which gives great insight and perspective on what the spirit world think about our world at the moment. Raymond Moody was well known in the 1970's and did a lot of case studies on near death experiences that are quite convincing but also Eben Alexanders Book "A Neurosurgeon's Journey into The Afterlife" is a great read as he was such a sceptic and academic disbeliever before writing it. An excellent book about what happens to souls after they cross is Michael Newton's book "The Journey of Souls".

- One of the greatest psychic mediums that ever lived is Mr Gordon Higginson and I highly recommend you look him up on YouTube and watch some of his work providing evidential mediumship in public. He is an inspiration to me and I hope to one day be as good as Gordon in psychic mediumship. He shows us that with hard work, training and practice, we can reach levels of mediumship that are astounding. A true inspiration.
- Lastly, the most important thing is to take what works for you and bin the rest. You will have many mentors along the way. They should bring out the best in you, otherwise keep exploring until you find them.

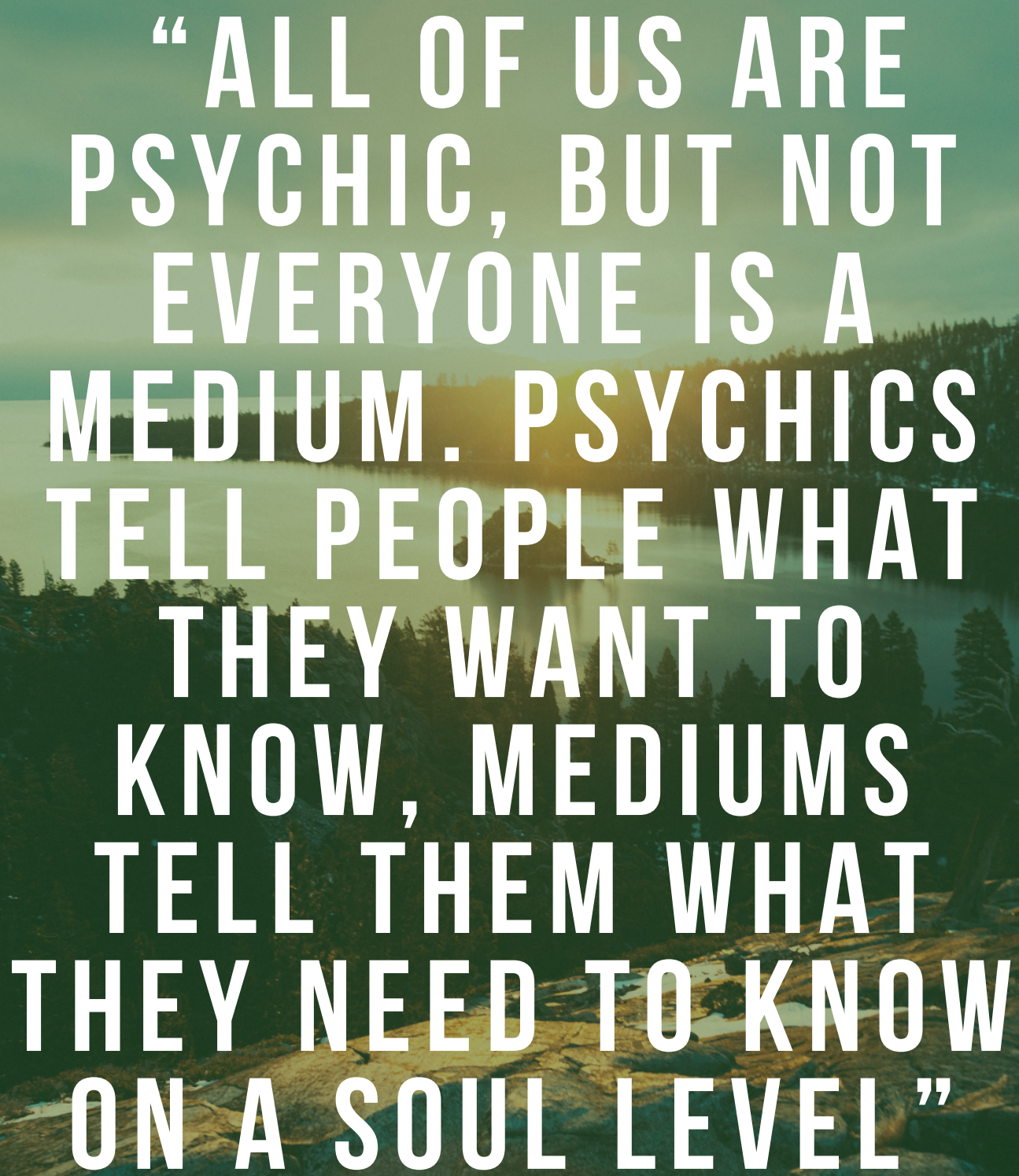
FROM THEORY TO PRACTICE: ASSESSMENT QUESTIONS

- 1.** Watch this clip of Gordon Higginson on YouTube and while you watch list all the evidence that he provides that you find especially convincing. <https://youtu.be/g8yVzk-FVcg>
- 2.** Watch the Scoles Experiment documentary on YouTube and write a short essay about how this resonates with you. Minimum 500 words but no more than 1000 words. <https://www.youtube.com/watch?v=5vG8j9MvOQA&t=3s>
- 3.** Write a 500 word essay on what you believe happens to us after death. Thinking and writing about death makes it easier to communicate with others about it.
- 4.** Make a list of questions you would like answers to when you go back to the spirit world. Example: How does Karma work? Who was I in my most recent past life? Why is there so much suffering in our world? What does the spirit world look like? Are human prayers heard?

A scenic landscape featuring a calm lake in the middle ground, surrounded by a dense forest of evergreen trees. The foreground is dominated by large, rugged, grey rocks with patches of snow. The sky is a soft, teal color, suggesting a misty or overcast day. The overall mood is serene and contemplative.

**“IF YOU DO NOT
AGREE WITH THE
PREVALENT
POINT OF VIEW,
BE READY TO
EXPLAIN WHY”**

**MARTIN H.
FISCHER**

A scenic landscape featuring a calm lake in the middle ground, surrounded by a dense forest of evergreen trees. The foreground consists of rugged, rocky terrain with patches of snow. The sky is a soft, teal color, suggesting a misty or overcast day. The overall mood is serene and natural.

**“ALL OF US ARE
PSYCHIC, BUT NOT
EVERYONE IS A
MEDIUM. PSYCHICS
TELL PEOPLE WHAT
THEY WANT TO
KNOW, MEDIUMS
TELL THEM WHAT
THEY NEED TO KNOW
ON A SOUL LEVEL”**

**MR. GORDON
HIGGINSON**